



# Five Factors to Consider When Choosing Initial and Expansion States for Your Telehealth Practice

**Telehealth & Telemedicine Crash Course** 

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#### **Overview- Top 5 Considerations**







#### 1. Patient Location

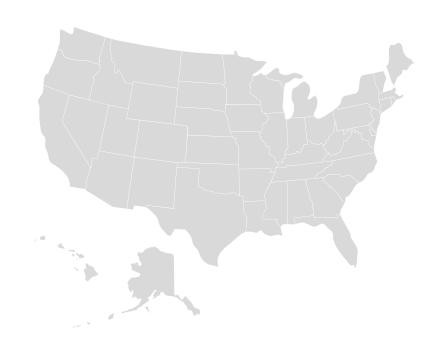
### The location of existing and potential locations is obviously important to understand before starting any practice; however, with telehealth, there is additional nuance.

In-State Model	Example: A family practice using telehealth for follow-up care
Regional Model	Example: A orthopedic practice with physical therapists using telehealth for follow-up care and remote physical therapy sessions to patients in the tri-state area
Climate-based Model	Example: A dermatology practice providing treatment and prevention services for patients with sunburns in Florida, California, and Arizona
National Model	Example: A large telemental health practice with a variety of practitioners of varying license and at least one psychiatrist licensed for each state



#### 2. Licensure

- 5 Key questions to answer regarding licensure
  - 1. What states will permit limited interaction with patients in a state without requiring a license in the state?
  - 2. What states will not require licensure based on your model?
  - 3. What states have special telehealth/telemedicine registrations?
  - 4. What states permit "waiver" based on prior licensure and experience?
  - 5. Has the state joined a multi-state compact?



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#### 3. Scope of Practice

- Cost and time efficiencies can be gained through utilizing:
  - proper delegation,
  - full utilization of the scope of practice, and
  - utilization of standing orders.
- States may vary dramatically with regard to:
  - Whether a licensee has autonomy or must only act under supervision
  - The level of supervision required of a licensee
  - What can be delegated to a licensee with proper training and supervision
  - The ability to delegate via standing orders



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#### 4. Corporate Practice



- In some states, physicians or other licensees cannot be employed by a corporation. The most common examples are:
  - "Corporate Practice of Optometry"
  - "Corporate Practice of Medicine"
  - "Corporate Practice of Nursing"
- Additional restrictions in these states focus on:
  - fee splitting
  - terms of agreements with management companies
  - relationships with other providers (referrals & self-referrals)

#### 5. Product Marketing



## How do you plan to market your product? What user experience is important? What makes you stand out?

- Start with your passion
- Consult with legal counsel early to determine what issues you need to address to market your idea
- Distinguish "roadblocks" from "speedbumps"
  - Example: your idea is "fast and cheap primary care using store-and-forward"
    - o If no pre-existing relationship, the "roadblock" is establishing a relationship in states like Michigan
    - o Speedbumps include:
      - Understanding scope of practice for licensees to keep down costs
      - Understanding the limitations of the model (remote prescribing)



#### Questions?





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